FIVE TYPES OF VOLUNTEERING

1 TRADITIONAL VOLUNTEERING
It might be a food bank, day centre, charity shop or a garden project. This requires a regular commitment to a session or activity.

2 ONE OFF EVENTS
This could be marshalling at a fun run, making teas at a coffee morning, or even selling unwanted clothes at a jumble sale.

3 SKILL FOCUSED ROLES
Many charities rely on specialists to support their work. Social media, legal, finance and HR are common needs which are often done at home and only a few hours per month or project based.

4 TRUSTEE ROLES
Trustees are vital for the effective running of charities and take strategic oversight and responsibility.

5 CALL TO ACTION
Action campaigns involve you taking part with an activity such as giving blood, signing a petition, a weekend birdwatch or promoting an event.

Find out more information:
- www.oxonvolunteers.org
- www.ocva.org.uk/volunteering